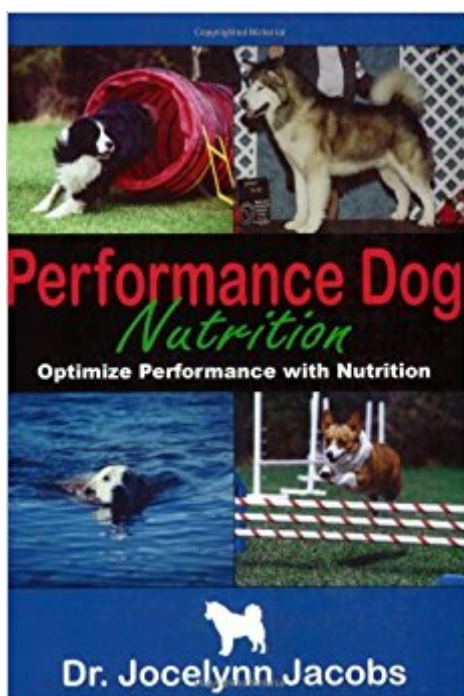


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# Performance Dog Nutrition: Optimize Performance With Nutrition



## Synopsis

Like human athletes, canine athletes perform better with excellent nutrition. Learn how to feed your dog, whether an athlete or not, for good health by learning the basics of canine nutrition and how to use diet to improve performance and health.

## Book Information

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## Customer Reviews

Active dogs competing in sports (or those engaging in the physical and mental demands of service work.) burn more calories and have different energy needs than companion dogs. Performance-dog owners who want to keep their canine athletes at peak health and fitness need to understand their dogs special nutritional needs. Written by veterinarian, Performance Dog Nutrition covers the dog s digestive system, various commercial diets (there s little information on home-prepared diets) dog food labels and nutrient evaluation. Through it includes valuable information for all dog owners like a very clear explanation of a dog s digestive process, reading a dog-food label, and determining ingredients digestibility this book is really intended for the owner of performance dogs. Each chapter highlights how its contents apply to performance dogs, with whole chapters devoted to how food is converted to energy, the importance of fats, and carbohydrate needs specific to performance dogs. There is also information on the importance of water ( the most essential nutrient to the performance dog ), on conditioning, and a chapter recognizing physical problems (and solutions) in performance dogs. The final two chapters help readers apply what they ve learned in the book. Practical Label Examples describes three performance dogs and how to determine if a diet is right for them, and Performance Dog Case Examples offers a quartet of anecdotal problems, and how they were

treated. In addition, case studies from the author's veterinary practice are sprinkled throughout the book, as are beautiful black-and-white photographs of performance dogs of many breeds. Dr. Jacobs writes clearly and smoothly about a complicated topic that, in a different author's hands, might be snooze-inducing. If you have a performance dog and a keen interest in keeping your dog in tip-top shape, this is an essential addition to your library. --Janine Adams  
This book reflects Dr. Jacobs' dedication to dogs and their health. Kudos to her for this thorough discussion of canine nutrition and for writing the first book that addresses nutrition for the canine athlete. --Chris Zink, DVM, PhD author of Peak Performance: Coaching the Canine Athlete

Jocelynn Jacobs, DVM is an authority and consultant on performance and working dog nutrition. She is a lecturer and author of many articles published in canine magazines and books on understanding how nutrition can promote the best performance in dogs. Dr. Jacobs demonstrates the benefits of nutrition with her own performance dogs and has won over 50 conformation, obedience and working dog titles. She lives in Michigan where she has an active veterinary practice, a family and a team of winning Alaskan Malamutes.

I highly recommend this book for dog owners. It is an essential resource with crucial information for both the breeder and veterinarian. This book is easy to follow yet jam packed with research and very helpful, non biased tips. This book deserves 5 stars.

I can't tell you how numerous of times I have used this book as a reference to analyzing the composition of dog foods for my sports dog and friends dogs. It has really provided a lot of help and direction when choosing the right nutrition and calorie breakdown. Author is extremely knowledgeable and the book is easy to comprehend.

A must have for every serious dogperson. Valuable information. Dr. J. Jacobs explains it in everyday language. Well done Dr. J. Jacobs The "Dogwhisperer"

Very informative book.

This book answered many questions I had about feeding a performance dog.

Covers the basics but aside from some tips on labeling games companies play I found very little

practical advice that I could use. I'm already feeding my skijoring dog a quality 35/25 food and am reasonably well-versed in different foods and ingredients and this book didn't teach me much that I didn't already know from reading articles and Googling. Most annoyingly the author mentions supplementing commercial food with meat and fat but provides no advice on when/how to do this. The writing also reminded me of a third-grade science textbook, when the author discusses canine anatomy or the GI system she does so in a very simplistic manner and talks down to the reader. Overall I was disappointed, there was useful information here and there but the book doesn't go into enough depth to serve as a good reference.

By the time I got to Chapter 2 and started reading her recommendations for canine nutrition (dry food, canned food, semi-moist), I realized this author is largely misinformed and is doing a great job of misleading her readers as well. But I had to laugh out loud when I got to the part about synthetic preservatives and she noted studies that claim these artificial preservatives, like BHA, BHT, and ethoxyquin are harmless....well, I went to her references for this information, and lo and behold, the studies were funded by Monsanto, the GMO giant who is notorious for lying about the safety of genetically modified foods. Can you tell why I had to laugh? Clearly, the author has never heard of Monsanto. If you haven't, please do an internet search to learn about them and educate yourself, for the sake of your health and your pet's health. Then go purchase a book on canine nutrition that contains helpful, legit information. And another thing I don't enjoy about this book is the rampant grammatical errors. She should've hired a better editor.

loved the book, lots of information with scientific research behind it....only problem was, once I figured out the fat/protein/carb percentages for my dog...I couldn't find a food with those percentages. And the book doesn't tell you how to compensate for kibble diets that lack fat and are too high in carbs. Would recommend and buy again though.

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